

<b>TITLE</b>	<b>Update on NHS Health Checks</b>
<b>FOR CONSIDERATION BY</b>	Health Overview and Scrutiny Committee on 14 July 2014
<b>WARD</b>	None Specific

# The NHS Health Checks Programme

Health Overview & Scrutiny Committee

14 July 2014

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# Background

- The NHS Health Check programme aims to help prevent heart disease, stroke, diabetes, kidney disease and certain types of dementia. Everyone between the ages of 40 and 74, who has not already been diagnosed with one of these conditions or have certain risk factors, will be invited (once every five years) to have a check to assess their risk of heart disease, stroke, kidney disease and diabetes and will be given support and advice to help them reduce or manage that risk.





# Health Check Components

- A patient will be asked some simple questions about their family history, whether or not they smoke and how much alcohol they drink.
- Their height, weight, sex, ethnicity and age will be recorded.
- Their blood pressure will be taken.
- A simple blood test will check their cholesterol level.
- Their body mass index (BMI) will be calculated. BMI is a measure of whether a person is of a healthy weight for their height.
- Lifestyle advice is provided
- Referrals are made where applicable



# Performance 2013/14

Authority	Estimated eligible population aged 40 to 74	Offers		Health Checks completed	
		Number of people offered a health check	% of eligible population	Number of Health Checks completed	% of eligible population
Bracknell Forest	32,479	4,656	14.3%	3,423	10.5%
Slough	31,646	6,944	21.9%	3,412	10.8%
RBW&M	43,196	6,341	14.7%	2,632	6.1%
Reading	36,215	8,406	23.2%	4,322	11.9%
Wokingham	47,837	3,929	8.2%	1,937	4.0%
West Berkshire	47,927	9,137	19.1%	3,827	8.0%
Total	239,300	39,413	16.5%	19,553	8.2%





# Issues

- The Check is Contentious
- Capacity within surgeries
  - To deliver
  - Repercussions
- Payment Level too low
- Public Health England target increases



# Service Review

- CCG and Practice Manager Meetings
- Met PHE Lead
- Review of other Local Authority services
- Review of Outsource options
- Software demonstrations
- Obtained Quotations





# Likely Service Model

- GP Surgeries
- Pharmacies
- Events
- Workplaces





# Next Steps

- Make final selection
- Contractual Arrangements
- Local Advertising
  
- Climb the Performance table



Thank You

Any Questions?



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